

Programme Report

Central University of Punjab celebrated International Women's Day

7th March 2020, Bathinda: Central University of Punjab organized a Lecture Series on Women Empowerment & Gender Equality as part of International Women's Day Celebrations on 7th March 2020. CUPB NSS Cell conducted this programme. Honourable Vice-Chancellor Prof R.K. Kohli presided over this event. The keynote speaker & guest speaker of this programme were Prof Neelam Garewal, Member, Punjab Public Service Commission, and. Dr Pooja Gupta, MD Microbiology Max Hospital Bathinda. During this programme, CUPB honoured their alumni, Ms Mandeep Kaur, for winning the title of "Miss Punjab Asia International India". Students from different departments attended this programme.

At the beginning Prof Monisha Dhiman, Programme Coordinator, NSS Cell, welcomed the guests. Prof S.K. Bawa, Director IQAC, introduced the speakers and informed that this year's theme for International Women's Day is "I am Generation Equality: Realizing Women's Rights". She gave the reference of Smt. Indira Gandhi the first woman Prime Minister of India, Smt Pratibha Patil the first woman President of India, Ms Kalpana Chawla the first Astronaut from Indian origin to go on space, Smt Mother Teresa the first Indian women to win Nobel Peace Prize, Justice M Fathima Biwi the first female judge appointed by Supreme Court of India, Ms Mary Kom the first Indian women boxer who won the gold medal in Asian Games, Ms Arati Saha the first Indian women to swim across the English Channel and applauded the achievement of Iconic Indian Women who build their name in different fields. She concluded her address with a message that Women Empowerment is the ultimate solution for the growth of our country.

Prof Neelam Garewal, in her keynote address, spoke on Issues and Challenges of Working Women in India. She talked about disparity being faced by women right from education, Jobs, promotion, and access to resources as compared to men. She discussed various challenges being faced by working women such as: Wage Gap, Facetime Value, Descriptive Gender Roles, Prescriptive bias and others. She emphasized that women should raise voice for their rights & for equal treatment to deal with such social issues.

Dr Pooja Gupta mentioned that, with proper support, women can do wonders not only at their homes but also in their professional life. She said, under the Generation Equality Campaign we need to bring together people of every age, gender, religion, caste and race and take actions to create Gender Equal World for all. She added, Nutrition of women should be a part of empowering women, and focus should be given to end malnutrition in women.

Vice-Chancellor Prof R.K. Kohli mentioned that Education act as a tool of women empowerment because it enables them to respond to challenges. He called for an end to gender discrimination & crime against women. He urged everyone to build a developed society where women enjoy equal right with their men counterpart. He asserted that we need to stand together and work jointly for Gender Equality.

Post-Lecture Series, CUPB NSS Volunteers, exhibited a Nukkar Natak to spread awareness about Each for Equal, & Equal world is an Enabled World.