

ਪੰਜਾਬ ਕੇਂਦਰੀ ਵਿਸ਼ਵਵਿਦ्याਲय

(संसद के अधिनियम सं. 25(2009) के द्वारा स्थापित)

नगर परिसर, मानसा मार्ग, बठिंडा-151001

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Central University of Punjab

(Established vide an Act no. 25(2009) of Parliament)

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Ref No: CUPB/ Notification/15/15-EC/ 81

Dated: 04/08/2015

NOTIFICATION - 81

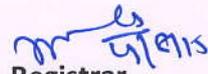
In pursuance to Item No. EC:15:15:36 of the Minutes of the 15th Meeting of Executive Council of Central University of Punjab, approval of the Executive Council is hereby conveyed for constitution of the **Student Counseling Cell** comprising of the members as detailed hereunder:

- | | |
|--|--------------------|
| 1. Prof. S.K. Bawa, Professor | Chairperson |
| 2. Dr. Sushil Kumari Gupta, OSD Administration | |
| 3. Dr. Anjana Munshi, Associate Professor | |
| 4. Dr. Tarun Arora, Associate Professor | |
| 5. Ms. Shweta Arora, Deputy Registrar | Convener |

The objective of the Cell will be:

- To counsel and guide CUPB students on various issues and help them to manage academic and personal demands of a university life effectively.
- To help students of all beliefs and identities who may react to such events with feelings that include anger, hurt, confusion, fear, helplessness, loneliness, and hopelessness.
- To counsel the students requesting a withdrawal from a specific academic programme for non-academic reasons.
- To provide prompt counselling for mental health emergencies arising on account of highly charged events at the campus.

The Student Counselling Cell shall provide comprehensive preventive and clinical services to students enrolled for various academic programmes in the university. The goal of the cell would be to enhance the psychological wellbeing of CUPB students so they can take full advantage of the educational opportunities at the University. Some of the presentations that the Counselling Center will offer include academic success skill, conflict resolution, dealing with difficult situations, stress management techniques and time management. All student contacts and information obtained in the course of counselling will be confidential.


Registrar

Copy to:-

1. VC Secretariat: for kind information of the Vice Chancellor
2. Dean Academic Affairs: for information
3. All Concerned
4. All Deans/CoCs/OICs: for information
5. System Analyst for information and uploading on the University website
6. Concerned File