

PSYCHOLOGICAL GUIDANCE AND COUNSELLING CELL
Central University of Punjab, Bathinda

NOTICE

This is for the information of all the students, faculty and non-teaching staff of Central University of Punjab, Bathinda that the university has started Psychological Guidance and Counselling Cell amid Covid – 19 pandemic. The cell is aimed at providing telephonic/online counselling services during this period through its helpline “**PsychoAid**”. The students, faculty and non-teaching staff are encouraged to seek psychological support when in need by contacting any of the following numbers:

Name of psychologist	Phone number	Timings
Dr. Anugraha Merin	9747125824	10 am – 12 noon
Dr. Sajad Ahmad	9993614889	12 noon – 2 pm
Dr. Shubhdip Kaur	9779023248	2 pm – 4 pm

Note: Confidentiality and anonymity are assured to each individual.

Dean Academic Affairs
Central University of Punjab
Bathinda.